



2020
The Year of Polarity, Stability and Repetition
Free Report

Become More internally guided, self-empowered & Happy...

2020 Yearly Spiritual Profiling Report

The year 2020 in spiritual profiling is the year of polarity, stability and repetition. The reason for this is because 2021 will be all about change and before change we need to understand what it is that must change. Through the very act of life in 2020 you are going to be feeling either stable or unstable. With life continually dishing up more of the same, especially if you're not happy and are meant to move forward, for some it will feel like you're living ground hog day. The law of polarity is also going to be a theme making itself known very strongly in 2020, so it's a year where you will be asked to look for, and at, the other side. There is always another side, another way, a solution to a problem and blessings and gifts in every challenge, if you look deep enough. There will be many clues to how you can make your life more stable in 2020, preparing you for bigger things in 2021.

Let's profile the numbers for 2020

This year the master and main vibration is the 4. In spiritual profiling and numerology, we reduce 2020 by adding the numbers together $2+0+2+0=4$ and we end up with the major influence of the year which is a 4. However the other numbers in 2020 also play a role in setting the theme of the year.

The numbers as individual numbers

2 = brings teachings through relationships – these reflect to us what we need to evolve and learn. When this number is repeated, it is also about our co-dependency on others and the things we use to make us happy. The 2 energy will also highlight any addictions. I liken the teachings of this energy to go a lot like this; when you need something, it will be elusive and when you don't need it, it will come more easily. I am talking about need as in neediness, not as a necessity.

0 = brings forward anything that we keep repeating yet haven't completed for revision. Any hidden emotional patterns you are not seeing will show up through others pushing your buttons. The number 2 makes sure of that.

4 = adds the energy of stability and support. This will help you review the areas of your life where stability and support are out of balance. Do you over support others in detriment to self? Do you feel like you're standing on shaky ground in a job or relationship or in any area of your life? What can you do to make your own life feel more stable and supported? This is what you will be asked in 2020.

In spiritual profiling the numbers one and two always go hand in hand, just like the yin/yang symbol – they are the polar opposites to each other and therefore must always go together to make the whole.

1 = brings teachings for the renewal of self – to find self-acceptance and self-love. It wants us to become self-empowered and yet self-less. It's teaching us to be centred in self instead of self-centred. This is what will bring polarity to the forefront in 2020. The energy of the two is all about co-dependency and attention, and the 1 all about independence and abandonment. This polarity is teaching us to find the balance between these energies.

People with addictions of any kind, this is the energy of co-dependency, so you will be supported in healing your addictions if you choose to. Of course, addictions can be many things, such as smoking, drinking, drugs, shopping, emotional, gambling, online gaming, sex, just to name a few. As mentioned, those that choose to heal will be supported and those who are in denial are going to bring a lot of instability to their lives, to show them they need change.

If you are someone who relies on the validation of others, suffers poor self-esteem or do things against your own values to fit in, you will be shown this is not the way and you may learn a real lesson, however there is some wonderful support that can come to you to help you understand this.

If you are someone who abandons yourself to give too much to others out of obligation or saying "no" is hard for you, you could be shown you're ready to grow and you may even experience being very let down by someone you have supported in the past. You may experience being the one who needs support and those you think should be there are nowhere to be seen. Or you may experience the opposite. Some of you will actually receive a lot of support from others, especially those who have been very independent, but you may have to learn to ask.

Those who are in relationships that have run their course will be shown that you are no longer in alignment. The support will dry up and attention will not be there by one or both parties. For those who have been single for a long time, this could be your year to meet someone. A word of warning, to make sure it's not a lesson, keep the balance between yourself and the other person. Know what your emotional patterns are so they don't sabotage your future by repeating mistakes of the past. The repeated lesson this year will make sure you will get more of the same if you haven't learnt the lessons of the past.

If you have 2, 1 or 4 in your personal numerology as your destiny or life path number, you guys are really going to have the above brought to your attention. If you don't know I am offering personal numerology reports for a special price at the end of this report.

General view

A word of wisdom here! The only way the universe can give you guidance and direction is through **you**, by **you** attracting what **you** need to get **you** to where **you** want to go. Your soul knows more than your intellectual mind about the right path and direction for you, and that may not be the path you think it is. If you try and go against your soul vibration and inner knowing (gut instinct), be prepared to learn the hard way from here on in because this is the time of the big awakening.

To awaken and evolve we may have to experience something that we are not seeing which is holding us back first, and that may come from what we perceive at the time as a negative experience. It doesn't always have to be a negative experience, but think about the times in your life when you have had your biggest growth. It is usually because an experience forced you to grow. While we can call the experience a negative one, it is really only perceived as negative because it will trigger uncomfortable emotions that can include fear, anger, hurt

and uncertainty. However, it will always bring in the gift of evolution by teaching you something that will help you grow and move forward. It is also always in direct balance. The bigger the trigger, the bigger the growth. There is the polarity again.

The big awakening

If you feel the years are flying faster and faster, just like so many others do, then you are right. Our perception of time feels like it is flying faster and faster each year. Of course, our clocks and watches remain the same and haven't changed, but our energetic perception has. Let me explain. In an energetic sense, when a vibration vibrates at a higher level, it is also vibrating faster. Our perception of time going faster is a great indication that things are getting better in the bigger picture and the collective consciousness is evolving, not getting darker. The news would have you believe otherwise. Think about how time always seems to fly when you're having a great time, as opposed to the feeling of time dragging when you're not. It's the same concept with the mass consciousness. Time is perceived to go more quickly when the vibration is higher. There is a lot of good happening in this world. More and more people are awakening and realising that they have the ability to bring peace to their own lives through learning about their inner world, taming the mind and the emotions, and following their spirit. The new age is here, and we are living it right now.

There is a bit of a dark side to the conscious collective evolving, however, and each year as the energy continues to gain momentum and vibrate higher and faster, it gets harder for those who are not keeping up and evolving with it. Unfortunately, we are going to see even more of an increase in the need for more support in mental health and addictions. As people struggle to cope with the increase of a collective vibration lifting, which brings more sensitivity in the mind, anxiety to the emotions, and allergies and intolerances to the physical body. A higher vibration will activate the mind and anxiety even more. Therefore, it is so important that children are taught to manage their minds in school. Mindful meditation should be as important in school as learning to spell these days because the children coming through now are all old souls and there are a lot of super sensitive children amongst them. If children are not taught to manage their minds and anxiety, it leads to bigger issues later in life. This needs to be addressed at an early age. I feel so passionate about this subject that I am writing my next book about it. Our children need support and help, and there isn't enough available to them in the general school system. I know because I am a grandparent and many of my clients are parents, and I am hearing about this all the time.

Life will throw curve balls in this energy because it's the time of the great awakening. We have to understand the role we play in our own emotional wellbeing and lives. It is time to take responsibility for the only person we have any control over in this lifetime, ourselves. The great awakening is showing us that happiness does not come from things or others, it is a state of mind that comes from freeing yourself from the need to use external validation and sources to be happy. It is learning to be happy, regardless of others and your relationship status. It is learning to be happy, regardless of whether you have everything or nothing, because you can't take anything with you when you leave this earth. It is time to connect to the part of ourselves that has been hiding in the back ground, our spirit. It is

time for the ego to be put in its place, so the spirit can finally shine free. If you turn on a light, the dark disappears instantly. If you turn on your spirit, it will be the light that can outshine any darkness and guide you to your destination.

With the energy of 2020, we are going to be shown this even more.

Our last 4 year was 2011

Our last 4 year was 2011. 2020 is similar however the polarity and repetition energy is a lot stronger. Globally, anything we are not getting will be shown again. This I feel may be true with natural disasters showing their fury.

In 2011, we had the earthquake that hit Japan killing thousands. It was a disaster that brought people together, as many countries jumped in to help Japan. Mother Earth is not happy and she will be giving her children a major kick up the butt in 2020. So, natural disasters are going to play a major role again globally. Global warming is real, the solution is not easy, but it needs to be addressed.

Osama Bin Laden was killed in 2011. It was made clear crimes against humanity wouldn't be tolerated. Today, acts of terrorism are being dealt with by showing terrorists that they can kill, but they will not kill the human spirit, through people joining together in peace to remember those gone and support those affected.

Kate and Wills got married in 2011. A love story that played out over many years. Finally, they got their fairy tale ending and have remained solid ever since.

We can expect there to be a lot more protesting in 2020 because people are realising that they have a voice. Governments will have no option than to start to listen and the job of being in government won't be so easy or as cushy for our leaders from here on in. It will be a restless time as the government tries to hold power over the mass via new laws. You can already see this through trying to gag people from their freedom to speak rights. The government will lose power through their own actions, which won't be silenced because we now have people ready to take a stand. The issues that affect everyone like climate change, freedom of speech doesn't come with easy solutions and both sides, government and protesters will be right in some areas and wrong in others. The duality will be strongly playing out there. I predict confusion for governments for the years to come, as they struggle to keep the old ways in an ever-changing world that has finally realised it has a voice. They haven't seen anything yet either, as there are a group of children that I refer to as the ruby children. These children are here to force change and they all have a very similar characteristic, one of which is they all have red, auburn or strawberry blonde hair. Hence why I call them the ruby generation. They will be ready by the year 2029, but more about these kids in my next book.

Financially

Please note; I am not intending to give financial advice to anyone, merely to state the energy of the year. You would be best to talk to a professional financial adviser before making any financial decisions.

Financially as I have mentioned over the past few years, this will always be unstable while the government is unstable. However, the 4 is always about property and family, so if you're wanting to buy a home, renovate a home or add a new addition to your family, 2020 is a great year to do so. We can expect the property market to look a little better in 2020.

A lot of competition is entering all markets, which places pressure on the financial system to do better. Some of course will come undone if they try to do it back handed. Banks are struggling to make their profits and will have to learn they need to keep their customers happy, and you don't do that by reducing customer service and upping costs. A new player to the market, either next year or the year after, is going to give the banks a real shakeup.

A little wisdom for finances. There is no limit to the money you can have in your life. There is no difference between those who have it and those who don't, other than an inner program and belief system and a desire to have and be. There are people who have had nothing and worked hard to achieve everything. Others have had everything and then lost the lot. It has nothing to do with luck, it is all to do with your relationship with yourself and what you believe and perceive about money. If your focus is more on not having money, that is exactly what will continue to show up for you ... more bills to take more money from you, so you never have enough. If you use finances as a way to gain your stability and only feel stable when your finances are good, you will probably learn a bit this year. You may be taught to detach from the emotional push/pull of the ups and downs finances bring and learn to trust that your inner guidance will always come through when you need it, as it has always done. What you worry about is what you are telling the universe you want more of!

In summary, 2020 will be teaching you...

2020 will be helping you bring into focus and release any addictions or areas of life where you are relying on external sources to make you feel happy.

2020 will be helping you with your internal work. A journey we will be taking for a while yet, as there are 2's and 1's in the numbers for years to come. Each year we are given the opportunity to go deeper and learn and grow more.

2020 will be helping you to see the areas where you need to balance more between the support you give to yourself and the support you give to others.

2020 will be asking you to make yourself matter in your own life.

2020 will be a year that relationships that are ready to end will end, and those who have been single for a while will finally have the opportunity to meet a significant other, if they follow their inner guidance. As the 2 is doubled this year it brings in blessing for this, but also the warning ... co-dependent behaviour will sabotage a relationship. The polar opposite is to allow others in and maybe look at your values and make sure they are in balance and you are living up to them yourself.

2020 is a great year on the home front. Good to buy a home or renovate a home. The polarity of this is that there may be issues to face on the home front for some, as their home life feels unstable. This may be because change is due in the future. If that's you, hang in

Fantastic! Keep your list handy or stick it on your wall, so you can read it often, to make sure you are on track to achieving your Amazing Achievements of 2020.

To help you gain a better perspective of your personal numerology and 2020, I am offering you a 2020 Personal Numerology Report for \$19.99 instead of the normal price of \$29.99.

Receive your 12 page PDF Report outlining your life path and expression, karmic lesson, soul urge, life path period and personal year numbers for 2020. Just order via email info@juliekayinternational.com and I will send you a PayPal payment link and request the information for me to do your Report. You can also order directly via the website by [CLICKING HERE](#) or visiting....

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If you have enjoyed this year's free report, please share it with your family and friends, so they can too.

If you would like more articles and wisdom you can connect with me in any of the ways listed below.

Have a Happy New Year and safe holiday season and I sincerely wish you loads of love and light for your super amazing and loving 2020.

Love and light Julie Kay

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Join Julie Kay and other industry experts as they discuss and share their wisdom on how to become your own guru and guide your own life to living the life you came here to live. Julie will post daily at 7am every morning starting January 1st, 2020 to kick start your day positively focused.

<https://www.facebook.com/groups/448944985660902/>

Website



Learn more about Julie's vision of self-empowering others in connecting to their own intuition and spirit. www.juliekayinternational.com

Julie Kay Love Life Community Facebook Page



A page of inspiration and wisdom to empower those interested in the intuition, spiritual profiling, self-empowerment and living emotionally free.

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