



**2018**

**The Year of Connection and Simplification  
Free Report**

Wake Up, Be More internally guided, self-empowered & Happy...

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**Information in this report is general and intended for guidance only. Any comments made regarding finances are also general and it will depend on individual circumstances. Therefore, you should consult a professional financial adviser when making any decisions regarding your financial security.**

## 2018 The year 11/2 of Connection and Simplification

This year we are blessed with the vibration of the number 11. In spiritual profiling and numerology, we reduce 2018 by adding the numbers together  $2+0+1+8=11$  and then we reduce the numbers further  $1+1=2$  until we end up with the major influence of the year which is a 2. The 2 is a significant number because it brings our attention to what is happening outside of ourselves through others, and how reliant we are on others for our happiness. Last year's energy of new beginnings, revelations and expansion in our personal life gave us an opportunity to expand on things, this year we learn the opposite energy of simplifying and once we have learnt to simplify we can then bring these two energies together more easily as one. In spiritual profiling the 1 and 2 are always together they are the yin/yang of each other, so they must work together in order to bring about balance. The yin/yang of the 2017 teach us that you expand more when you simplify.

In profiling the year 2018, whilst your individual profile and numbers will be enhanced by the 2, we will also be learning individual numbers of the 2018 energy, which is helping us discover ourselves and awaken to our true potential, and giving us through the 11 an extra opportunity to master our self-growth. Let's look at the teachings of the numbers individually...

2 = brings teachings through relationships – these reflect to us what we need to evolve and learn. When this number is in the master position it is also about our codependency on others and things we use to make us happy. The 2 energy will highlight addictions. I liken the teachings of this energy to go a lot like this; when you **need** something, it will be elusive and when you don't need it, it will come more easily. I am talking about need as in neediness not as a necessity.

0 = brings forward anything that we keep repeating, yet haven't completed for expansion and growth.

1 = brings teachings for the renewal of self – to find self-acceptance and self-love it wants us to become self-empowered and yet self-less. Its teaching us to be centered in self instead of self-centered.

8 = brings teachings to our achievements, and our security, money and finances. Be prepared to learn something about yourself regarding how well you are doing in the material world of money. It is also the number of the alchemist and the manifesting number and if you are balanced through simplifying things you can start to manifest your dreams more easily.

11 = the 11 is a master teacher in enlightenment. It will help you master a part of yourself this year. It can also bring about more intuition and inner guidance and even have you witnessing and connecting to spirit.

In total these numbers are bringing in opportunities and teachings to help bring awareness to any areas in life that are holding us hostage via our limiting beliefs and

emotional patterns regarding finances, addictions, achievements and relationships. This is also a year to simplify and an opportunity to master yourself on some level so you can achieve what you been struggling to change.

### **Personally**

Last year we were given the opportunity for new beginnings and many people started to connect to their own promptings and made some changes. As a person who works one of one with people I could see it was also a very tough year for some.

We started a new 9-year cycle last year and that means we all collectively evolve to a higher vibration with every cycle. We are here on the earth plane to evolve along with everything else. We can't stop evolving and moving forward or we fall behind, we stop thriving and are just surviving. What happens in nature if something doesn't keep up and becomes weak? It dies, it is just eaten up in the process of evolution. Thankfully life will not have you eaten by a lion if you injure a leg, however it will have you at the mercy of others and life circumstances if you have an injured heart or self-identity.

Every year we are given more and more opportunity to evolve and grow and that changed to a higher level in 2017. That means that anyone who isn't starting to turn their attention to healing from the inside out and making the changes that life and universe is showing them through their own unhappiness, are going to struggle even more and the life lessons will be harder. On the positive, those that are will be moving forward and growing and finding their own happiness by becoming self-empowered.

Every year when we go into a new vibration we are given the opportunity to start afresh. 2018 is no exception, we are going to be given a wonderful opportunity to master something in our lives and for everyone that will be different. We all have different spiritual profiles and lessons, so it will depend on what your individual lessons are to really understand your bigger picture for the year. If you're interested in finding out yours, you can book a private session, or they are all listed in my new book *The Lessons of Love and life* which is released early 2018.

Along with your own personal mastery, you will also be affected by the collective teachings which is what I can give you in this report. They will still have an influence on you on some level along with your own personal lessons.

A word of caution here! The only way the universe can give you guidance and direction is through you, by you attracting what you need to get you to where you want to go. Your soul knows more than your intellectual mind about the right path and direction for you and that may not be the path you think it is. If you try and go against your soul vibration and inner knowing (gut instinct) be prepared to learn the hard way from here on in as this vibration keeps lifting.

To awaken and evolve we may have to experience something that we are not seeing and that may come from what we perceive at the time as a negative experience. It doesn't always have to be a negative, but think about the times in your life when you

have had your biggest growth. It is usually because an experience forced you to grow. While we can call the experience a negative one, it is really only perceived as negative because it will trigger uncomfortable emotions that can include fear and pain. However, it will always bring in the gift of evolution by teaching you something that will help you grow. It is also always in direct balance. The bigger the trigger the bigger the growth.

From 2017, more than ever, it is a great time to listen to your inner world and find that connection with self. The dual nature of the number 2 is the number 1, which brings the lesson of independence into the theme as well. Because last year 2017 was a 1 year, the following theme will continue from last year and play out again this year.

The soul lessons of the 1 and 2 are dual or opposite in nature.

2 – Co-dependence, the lesson of attention.

1 – Independence, the lesson of abandonment.

In this theme, we will be asked to look at the ways we are abandoning ourselves, especially through co-dependent actions and addictions. If you haven't yet learnt to say no, you do things out of obligation or do everything for everyone else and neglect yourself, you will have this brought to your attention. If you don't listen and continue with any co-dependent behavior, it is quite likely you will experience something that affects you. If you have any addictive behaviors that need changing, then again, I would listen and start to make those changes.

This will be more specific for those who carry the numbers 1 or 2 in their personal spiritual profile, in either their personality, life path or personal year. If you are unsure, I am offering a \$15 special offer on personal numerology reports for 2017 at the end of this report.

Having a 2 as the major influence for the year will certainly have us digging deeper into the ways we use external sources to make ourselves happy. It will make you look at your happiness and if you aren't happy why not? Happiness does not come from external sources because when we rely on anything outside of self it can be lost at any moment or it will only last for a short period of time and then more is required.

Addictions are external sources, if you rely on alcohol, drugs, sex, shopping, attention, gambling or any other external thing to give you a high, make you feel worthy or happy then you will be called in 2018 to look at this area of life. This area of your life will bring in teachings usually via issues to make you address what is really going on here.

This is a good year to use the 11, the energy of mastery to master your addictions by releasing them. The universe never gives you the teaching without guiding you to the learning. The 11 and 2 also ask us to connect more to people and to be compassionate, caring and forgiving. As I spoke above about the 1 and 2 being dual in nature it is finding the balance with this though. It's not a codependent connection with others where you need others to make you happy or they need you to make them happy. Its

connecting to others to feel connected and to work more together in helping each other to get what we all want. To work together in harmony and peace and to live and let live.

Now let's bring the 8 into this picture. As mentioned above it's all about your security, achievements money and finances. If you combine this with the energy of the 2 it will ask you to look at your internal beliefs about money and why you want to achieve and have abundance in your life. Do you **need** it to make you happy, is it used to keep up appearances and with the Joneses or to feel special and admired by others? If so this year could be a tough teacher. This year we are called to be authentic in our security and achievements that is why it is the year of simplification. If you have been placing too much pressure on yourself financially because you want positive attention or because it's the only way you feel worthy or good, then the universe may make you simplify if you don't do it yourself. That can come in many ways, money can become tighter, you lose something like a job or money un-expectedly. You will be given a pre-warning; the universe will **try** and show you beforehand so don't panic. You will have inner nagging and feelings that you need to make some changes or some little experiences that make you think you should be more prepared. It's when you don't listen that you will eventually get the doozy.

### **Globally**

Just as a 11/2 year brings connection and simplification on a personal level it also does this globally. In the previous 11/2 year of 2009, some significant events were as follows:

- Black Saturday bushfires in Vic left 173 people dead and 2000 people lost their lives. It brought Australians together in grief and support. In 2009 there were a lot of natural disasters, flooding in QLD and NSW. Dust storms NSW, Cat. 5 cyclone George off the Coral Sea, and Tsunami in Samoa.
- The Icelandic banking system collapsed.
- The G20 Summit involved state leaders and not just the usual finance ministers, it was held twice in 2009, in London and later in the year in Pittsburg.
- Two heroes emerged in 2009...In the Indian Ocean - Maersk Alabama hijacking, Captain Richard Phillips cargo ship was taken over by pirates and Captain Phillips was taken hostage, he was later rescued by navy seals. The US Airways Flight 1549 piloted by Captain Chesley B Sullenberger, (Sully), makes a successful crash landing on the Hudson River after being struck by a flock of Canadian geese shortly after takeoff. Both Stories were made into movies.

In summary, the 11/2 year is all about connection, people stepping up for others and finances and security. As a mass, we are discovering the power of connection and coming together. We have become disillusioned by government and the banking systems. This is seen through the lack of confidence in voting at government elections, and through the arrival of bitcoin and online currency. People are starting to go their own way and to find new ways of doing things rather than rely on what we have been taught and told.

We are finally awakening in the bigger picture, especially when it comes to governments. Governments are learning that they can no longer be more about themselves and self-preservation than the people they serve, and more about the money than protecting the environment for future generations. The government circus and unsettlement will continue; however I do feel they will start to get the message in 2018. There are already positive signs happening within where government are addressing the issues. I also feel there could be a change of government with an election called later in the year. I also feel that by this time, we are looking at heading into another Global financial crisis. Hopefully government will have learnt from previous mistakes.

### **Finances for 2017**

Finances will always be a strong focus for many and in 2018 it is highlighted, 2008 was when the last global financial crisis really hit, money and finances have been struggling to rebuild on the world stage ever since. It's a very volatile area and I feel that later this year we will revisit some of 2008 teachings. How bad this will be will depend on how much we learnt from back then. This is not meant to put you in fear, if you are forewarned you can be prepared. This is what I feel the energy of simplification is trying to tell us. Let go of what you don't really need and simplify so any instability on the financial stage won't affect you as much. Gone are the days of the get rich quick schemes, which fail very quickly in this energy. This is defiantly not a time for risky investments. Authenticity rules and people trust authentic people. Business is now building on it, by people trusting more in who they know and personal referral than an ad in the local paper. Important information for those in business.

**Please note; I am not intending to give financial advice to anyone, merely to state the energy of the year. You would be best to talk to a professional financial adviser before making any financial decisions.**

This is also where community orientated projects can really start to make a difference. Community gardens, community support systems. People looking around their own back yard and community and saying, "what do we need?" okay, how do we create this for ourselves and for all of us to benefit. If you're bringing people together with anything supportive and helpful, the light will shine your way this year.

This energy sets the theme for this 9-year cycle and it is sure to teach us that money is connected to the heart. On some level, each and every one of us will be learning the true value of money and finances in the material world. For some, it will be learning that money should never come before the heart. Those who choose to put it before the heart, will find it can be a lonely life sitting in an ivory tower counting money. For some, it will be learning to believe they deserve money and to create their dreams and to value the part money plays in this. Others will learn to bring money back into balance. If they spend too much, they will learn to save. If they are miserly, they will learn to enjoy their money more through the richness of experience and giving.

On the world stage banks will come under fire with the way they do business. The world will wake up to the fact that the big banks run and control the economy, including the recessions. The more debt you are in personally, the more control they will have over you and your future. Bitcoin and the rise of online currency will show the banking world that people will find ways of taking back their own control. I do feel bitcoin and online currencies are still in their infancy and still haven't shown their true potential both in the negative and positive.

A little wisdom for finances. There is no limit to the money you can have in your life. There is no difference between those who have it and those who don't, other than an inner program and belief system. There are people who have had nothing and worked hard to achieve everything. Others have had everything and then lost the lot. It has nothing to do with luck, it is all to do with your relationship with yourself and what you believe and perceive about money. If your focus is more on not having money...you need to change this quickly, because that is exactly what will continue to show up for you...more bills to take more money from you, so you never have enough. This year can really help with new programs and thoughts and bring opportunities to help you with this, and also opportunities to grow your finances this year.

The positive side of having the 8 this year is that when you change your beliefs about your security and you no longer work yourself into the ground because you think you have to have it all. When you have learnt how to appreciate and manage it wisely and you are happy and content doing what you do, you're going to manifest it even more.

In summary, it's a good year to review and change jobs or careers that create too much stress and keep your inner happiness from you. It's a good year to look at simplifying your assets, getting rid of dept. and becoming more life and community focused.

If you want to read an excellent book to help you with your finances I totally recommend the Bare Foot Investor by Scott Page.

**2017 is coming to a close...**and if you would like a reminder of what it was teaching you, you can download and read last years report on my website [www.juliekayinternational.com/freestuff](http://www.juliekayinternational.com/freestuff)

### **In summary 2018 will be teaching you...**

2018 will be helping you bring into focus for release any addictions or areas of life where you are relying on external sources to make you feel happy.

2018 will be helping you with your internal work, a journey we will be taking for a while yet as there are 2's and 1's in the numbers for years to come. Each year we are given the opportunity to go deeper and learn more.

2018 will be helping you to see the areas you need to simplify in your life.

2018 will be asking you to get your security and finances in balance.











**PS** Next year is an exciting year for me, and I invite you to come along for the ride on a journey of a life time. I am going to be stepping way out of my comfort zone and into the complete unknown for me, I have bought myself a motor home and I will travelling around Australia for the year. There are going to be ups and downs and probably a lot of laughs too.

I will still be doing my usual national tours but adding a difference. I have met so many amazing and inspiring people along the way in my travels. People who have inspired me and I know will inspire you too, so I want to introduce you to some of these people as I travel around the country. Why? because these people are just like you and if you have ever wanted to walk outside of your comfort zone and face your fears and start following your own dreams then these people are the ones to talk too.

I am going to introduce you to them, and show you the inspiring things they do through my u-tube vlog, along with my own highs and lows that come with stepping out of my comfort zone. Together let's blind the ego culture that lives in Australia "the tall poppy syndrome" with our light by embracing and supporting others and the amazing things they do, 2018 is the best year for it. Let's use the wisdom of others to enhance our own lives and to inspire us to move forward with our own dreams.

My tour doesn't start until the end of February 2018, but I will be kick starting the Vlog in January by interviewing and show casing the work and inspiration of a local NSW nature artist who creates beautiful mandalas with sand and rocks. You have to see this work, if you think crop circles are amazing wait to you see what he does. Head over to my YouTube channel now and subscribe, so you see it as soon as its uploaded. I would be honoured if you join me on this ride, god knows I will need some friends along the way. I've only driven my new motor home once, so it will be interesting...and if you can't leave home right now then let me show you through my vlog what Australia and Australians have to offer.

Just hit the link below and subscribe and you're in, see you in January....xx

<https://www.youtube.com/channel/UC5zndqLhkn2l6UEmbOHFOlw>

# Coming in 2018



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