



2016 The Year of Culmination and Change

Embrace Your Heart, Free Your Spirit & Shine...

2016 The year 9 of Culmination and Change

This year we are blessed with the vibration of the number 9. In spiritual profiling and numerology we reduce 2016 by adding the numbers together $2+0+1+6=9$ and we get the 9. The 9 is a significant number because it not only signals the end of the current 9 year cycle we are in, it brings in change and growth to each and every soul's evolution. All the numbers in your own spiritual profile will be activated and challenged by this 9. The 9 has a unique way of exhibiting its power over all other numbers to ensure transformation and change, so there will be no hiding from it this year.

In mathematics if you multiply any number by 9, then add the resulting digits and reduce them to a single digit, it always becomes a 9. An example, $10 \times 9 = 90$, reduce 90 to a single digit by adding them together: $9 + 0 = 9$. Similarly, $8 \times 9 = 72$ and $7 + 2 = 9$. Or $33 \times 9 = 297$, $2 + 9 + 7 = 18$, $1+8=9$ and so forth.

Whatever number is combined with a 9 will be bought back to the 9, to ensure it changes and transforms itself closer to its true vibration. While this vibration affects us all, it is especially significant for those who carry a 9 in their spiritual profile. That can be in the personality (birthday), destiny number (life path) or the personal year number. If you wish to learn more about your numbers, I am offering a special price of \$15.00 (normally \$25.00) for all 12 page numerology reports at the end of this report.

In profiling the year 2016, whilst your individual numbers will be enhanced by the 9, we will also be learning individual numbers of the 2016 energy, which is helping us to discover the renewal of self through relationships and community, and a commitment to sharing, caring and change.

2 = brings teachings through relationships – these reflect to us what we need to evolve and learn.

1 = brings teachings for the renewal of self – to find self-acceptance and self-love.

6 = brings teachings to enhance community and commitment - we are all connected.

9 = brings the humanitarian energy of caring and change – it's time to expand and grow and this number is here to help.

Every year we are given the opportunity to start afresh and start anew. If you have been putting off changes that you know you should have made by now, then 2016 is the year that will bring this to your attention and probably bring about culmination and change. This may even come from the unexpected. This energy is all about expect the unexpected and expect change.

As mentioned above, the 9 is the last year of the 9 year cycle we are currently in and in 2017 we start a whole new 9 year cycle. At the culmination of a 9 year cycle we get to decide what we are going to take into or repeat in the next 9 years and what we are ready to evolve from and let go. 2016 will help you define this and integrate change into your life via your actions. It will help you make the changes that have been nagging you

in areas of your life that you're not happy and peaceful with. This can range from work, relationships and family changes, personal changes, evolving your spirit, mindset changes, financial or home changes. All you need to do is identify where you're not happy in life and this will show you exactly where change is needed. The trick is to then go deeper and define whether it's a positional change that's required or an inner change. A positional change means you move out of one situation into another, an inner change is a change of perspective, values, mindset and self-love. If you have been making positional changes but keep getting the same outcome, then it's an inner change that is required.

The last 9 year was back in 2007. Personally, it was the year I wrote and released my first book called "The Missing Link". In this book I wrote about the difference between coming more from one's ego as opposed to being more centred in the heart and self. Looking back, I now understand that I may have written those words in 2007, but at the time I only really understood what I was writing through the intellect. It would take a few more years of learning to fully understand them in order to live those teachings through the heart. My little example pretty well sums up the energy of 2016, the stuff you know through the intellect and know you need to change but haven't yet integrated into your actions or into your way of life yet, is what you will be called upon to finalize this year. What you don't learn and get, you will take with you into the next 9 year cycle to learn until you do.

It is a powerful energy vibration that we are heading into and just as everything is on the earth plane, it is dual in nature.

On one side, it's an energy that will have you digging deep into your subconscious shadow/ego side of self. This is guaranteed to bring up your stuff. This stuff will be reflected to you by the loving souls around you that you call family, friends and even coworkers and strangers.

On the other side, it's an energy that wants to connect you more to your authentic self, the person you came here to be and would be if your stuff and your ego didn't hold you back. This side of you is your intuitive self-actualized self that knows from within your purpose and reason for being here.

As we awaken to our more authentic selves and awaken our spirits, we can finally quieten down the cravings of a relentless ego that is always needing something to fulfill it externally.

In the bigger picture of humanity this same dual energy will play out. On one hand, there will be those who continue to choose to suffer and reflect their suffering on others through the shadow side of humanity, with all its cruelty and injustice that is born from the hunger of greed and the need of power and control. On the other hand, there are the ever increasing masses who are awakening to the power of love, to the acceptance of self and others, and to a vision of a new world where there is no need to have power and control over others, and therefore peace will reign. The news would have us believe

that the shadow side is winning and there is little hope for change. Don't be fooled because the shadow side loves attention. That's part of exhibiting power and control, it needs to be seen and heard. The light however is just happy to be and do what it has come here to do. It naturally awakens within each individual their own cause that they share with the world, not force upon it.

If you need more proof the world is more good than bad, then consider this. When you are having a fantastic time and enjoying life, does the perception of time seem to fly quickly by? As opposed to times that are boring and negative that seem to always drag on and last forever? Do you perceive time as going faster or slower these days? The perception of time going faster by everyone is a pretty good indication that the vibration of the mass/whole must be lifting and therefore becoming more positive. If it were becoming more negative then the mass perception would be that time was dragging more slowly.

Just as a 9 year shows us individually where change is needed and helps bring about that change, it also does this globally with humanitarian and world issues. In the previous 9 year of 2007 there were numerous bombings attributed to terror attacks and it seems this is where the extreme weather patterns really started to kick in, with many extreme weather records broken both in Australia and overseas. It's a year of endings and clearing. Governments all over the world went through changes, from assassinations to our own first change of government in 11 years when Kevin Rudd was voted in. Reference www.onthisday.com/date/2007

The dual side of the 9 supporting and bringing about that change in 2007 is reflected both on March 31st where 2.2 million people took part in the very first Earth Hour, and July 7th when the charity event live earth was streamed to global audiences in 11 locations around the world through radio, television, and the internet, bringing awareness to environmental issues. 9 years later that change is still not enough, with our weather patterns still becoming increasingly severe. Next year being a 9 could really see this intensify as we are again given the message more change is needed

In summary, over the past 9 years we have been given the opportunity to either bring about change or refuse to acknowledge it. You don't need me to point out the many faces of those who choose to still go against it and create havoc in our world today, which is why we will still have terrible things going on in our world. Don't however allow this to reduce your faith in humanity and in change. There is so much inspiring work being done out of the shadows that certainly doesn't get the news coverage that the ego negative stuff does. Every day I see or hear about wonderful everyday hero's connecting to their hearts and connecting to a cause and really making a difference.

As a mass we are discovering the power of community and connectedness. We are learning to heal ourselves from judgements and the need to be liked and accepted, and we are learning to like and accept ourselves. We are learning that we are mirrors for ourselves and others. Others reflect to us the part of us that needs healing and we do

the same for them. We are learning that when we can only ever meet someone as deeply as we have met ourselves and vice versa, and so there is no need to take anything personally anymore. We are learning that we can't get from others what we cannot give ourselves, no matter how hard we try.

If you haven't been learning this then your life will reflect what NOT learning this looks like...one where people constantly push your buttons, where you just can't find your happiness and where you don't know what you want in life or what you need to do. If that's you, then 2016 is here to help you bring about change.

If you need help with knowing where change is needed, may I suggest my Soul Lesson to Soul Mate book. Yes its title is about love relationships, but it's really about your relationship with yourself and others and releasing the blockages that are keeping a peaceful and loving life from you. You can view this book by [CLICKING HERE](#) or at www.juliekayinternational.com/love-solutions

Finances for 2016

Finances will always be a strong focus for many and in 2016 it is no different. The 8 of 2015 brought finances, jobs and careers into focus which has made many look at these areas of their lives. Some have already made the changes they need to make but many will still be struggling with those changes, so 2016 is going to help here. This vibration is set to once again go through another cycle where investments in the stock markets will be volatile. Again it's not a year of quick fixes and get rich quick schemes. The time for these have come and gone. We are coming to realise that money is just an energy flow and there are times it flows and times it doesn't. If we were better prepared for when it didn't, we wouldn't stress so much. If you put money before the heart this year you may learn the hard way that it can be a lonely place being disconnected from others.

If you start to understand that money is just a form of energy exchange, and in the enlightened energy it is attracted through the positive joy of your actions and the love that comes from the giving of service to others, then you will see more abundance.

A word of warning here – the 9 brings with it the soul lesson of giving and receiving and this will need to be in balance. In other words, if you give in to the detriment to self, or to save others from their own responsibilities, or to control and manipulate, meaning your giving is conditional, then this kind of giving is out of balance and you will receive little back. A karmic lesson could be looming for those who have their giving and receiving out of balance in 2016.

The 9 is also a very nature inspired and humanitarian number, so any issues that arise affecting the environment and humanitarian issues will increase and be brought to our attention to find solutions that are sustainable and supportive.

On the Global front, finances will be all over the place and I believe economic frustrations for all countries. When governments continue to put more value on money and resources than the environment we will continue to reap the havoc that comes from

this. Yes finances affect us all but so does damaging the world we live in. This is truly out of balance and mother earth is telling us so. This is something that I feel will be a major focus in 2016, when we experience another year of record breaking extreme weather patterns and environmental issues.

As an individual we can all make a difference and we can do this by speaking through our own spending. We can choose to buy from businesses that support environmental awareness and ethical trade, we can support local business, we can support recycling and reusing. It sometimes costs a little more and sometimes it can be more time consuming, but if everyone connects more to caring about the bigger picture and voted with their purse strings it would bring about change. Government and businesses would have no choice but to listen.

In summary, whatever needs to change in your world of work, career and finances will be shown to you this year.

This report is released in November of each year, so while we are still in 2015, we still have time to connect to the energy of what this vibration is trying to teach us. To remind you of what 2015 The Year of Personal Alignment was all about, I have included the areas we were meant to focus on in 2015 from last year's report.

2015 is telling us that we must understand our own connection and possibility. So here is a list of what this year has been telling you and what you can align with for the remainder of 2015.

2015 is this bringing more awareness to the realisation of your own connection to your authentic self and spirit.

2015 is supporting you to make changes in your work and career. If you're not happy, it's time to go deeper and discover why.

2015 is telling you to learn more about the energy of money. It is only an energy and should not be the source of your misery or happiness. Your happiness comes from within and is more precious than anything you will buy or own. You can't take your stuff with you when you pop your clogs and die. Simplify and live within your means or this year will be harder than ever.

2015 is telling you that the more connected to your spirit and heart, the easier things will flow.

2015 is giving you the opportunity to use the energy of alchemy and to start to evolve out of the clutches of the ego into your spirit, and then your life will change to Gold.

2015 is telling you to turn away from the negative and start to see others as equals. When you see someone as better than you, you place them on a pedestal and they will disappoint you at some time. When you see someone as worse than you, you put yourself on a pedestal and pride always comes before a fall. What you see in others is what you fail to see in yourself....good and bad.

2015 encourages you to join the spiritual revolution by playing your own part in bringing love into your own life and into everything that you do. When you do, you become a leader in the spiritual revolution and naturally inspire others to do the same.

In summary, 2016 will be teaching you...

2016 is here to help you change any area of your life that you are not happy with. It's time for change so you don't take what you no longer need into the next 9 year cycle.

2016 is helping you recognise community and caring. We are all connected and everyone around you is helping you grow into the person you came here to be.

2016 is asking us to consider mother earth and the environment. We can all make a difference in some little way through the choices we make and where we choose to spend our abundance.

2016 is asking you to see the world and your bigger picture as positive and turn away from the flashy negativity of the ego. Heal your own ego so you can live the life you came here to live.

2016 is helping you understand the balance between giving and receiving. If one side is out of balance the other will be what shows up. If your giving is out of balance, others will keep taking.

2016 is a very service orientated number. If you're out of alignment with how you serve others, clients, jobs or finances will be challenging.

2016 is helping you renew yourself. This is a continuous journey as we are ever evolving. This year and next year the universal energy is strongly supporting you to do this. Use this energy to your advantage and you will grow and evolve swiftly.

Here is a fabulous exercise to do to get you ready for 2016 - The Year of Culmination and Change.

Go over your 2015 year so far and write down everything that has inspired you, what has made you happy, what have you achieved and what you are proud of. You may have had some challenges in 2015, but you would also have had some fantastic times too. These are the times you want to celebrate and it's this positive energy that you want to take with you into 2016. Finalise your 2015 on a joyous note.

My Magic Moments 2015

This image shows a full page of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the page.

Now spend some time and allow yourself to ponder the thought “how do I want to experience my 2016?” Ask yourself, what do you desire and what do you need to do in order to have an awesome life in 2016?

Let your imagination run wild and imagine yourself at the end of 2016, and just like you wrote out your magic moments for 2015, write out your amazing achievements for 2016. What would you like to have inspired you? What will make 2016 the best year of your life? What are you going to achieve? What are going to be proud of in 2016?

My Amazing Achievements for 2016

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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Fantastic! 😊 Keep your list handy or stick it on your wall, so you can read it often, to make sure you are on track to achieving your **Amazing Achievements of 2016**.

To help you gain a better perspective of your spiritual profile and 2016, I am offering you a 2016 Personal Numerology PDF electronic report for \$15.00 instead of the normal price of \$25.00. Receive your 12 page report outlining your life path and expression, karmic lesson, soul urge, life path period and personal year numbers for 2016 order by [CLICKING HERE](http://www.juliekayinternational.com/shop/category/gift-certificates-and-reports/) or by visiting www.juliekayinternational.com/shop/category/gift-certificates-and-reports/

Have a very Merry Christmas and safe holiday season and I sincerely wish you loads of love and light for Your Super Amazing and loving 2016.

Hugs

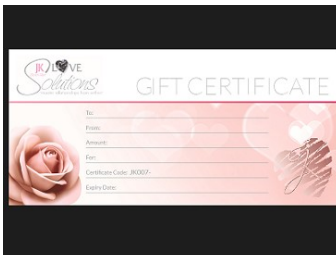
Julie Kay

I have also included some inspiring specials to help make your Christmas shopping a little lighter on the budget.

SAVE THIS CHRISTMAS

Julie Kay Special Offers for Christmas 2015

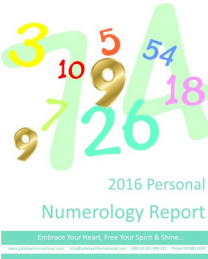
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expiry date of voucher will be 24/12/2016

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2016 Numerology e-Report \$15.00 normally \$25.00

What does 2016 hold for you. Receive your 12 page report outlining your life path, expression, karmic lesson, soul urge, life path period and personal year numbers for 2016.

You will be contacted by email after your purchase for your name and date of birth details, this is required to complete the report. Offer Expires 30/01/16

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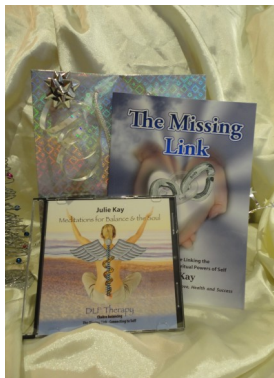


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Have a Merry Christmas and fantastic New 2016 Year to you and your family— Love and light Julie Kay

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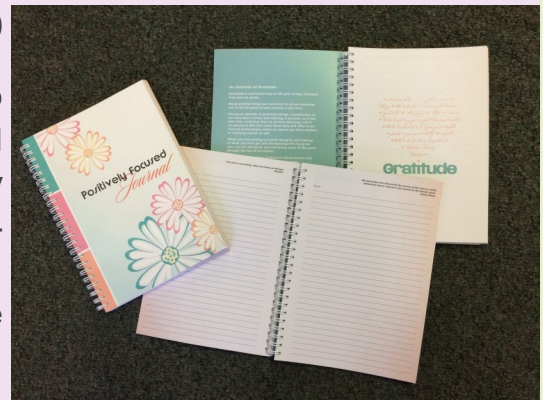
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